



# Project Completion Report

**“Capacity Building of Pakistani NGOs**

**ON**

**Gender Based Violence and  
Reproductive Health (GBV-RH)**

**March 01, 2009 to December 31, 2009**

**Project of**

**World Population Foundation (WPF) Pakistan**

**For Dera Ghazi Khan**

***Implemented by:***

**Al-Asar Development Organization (ADO)**

**Al-Asar Complex, Block “S”, Dera Ghazi Khan**

**064-2465683, 0333-6464683**

**email:allasardo@hotmail.com**

## **PREFACE**

It gives me immense pleasure to pen down the following lines on Project Completion Report. The Project titled “Capacity Building of Pakistani NGOs on Gender Based Violence and Reproductive Health (GBV-RH) was an and Reproductive Health (GBV-RH) was an excellent endeavor of Partnership between Al-Asar Development Organization and World Population Foundation to increase attention to Gender-Based Violence in Relation to Population and reproductive health in Pakistan by involving local stakeholders in development ensuring their participation and capacity building. We feel pride to be an implementing partner of World Population Foundation which is an international organization working to improve the quality of life of young people and Women in Pakistan since 1997 to promote.

1. Sexual and reproductive Health and Rights (SRHR).
2. Awareness of importance of SRHR for sustainable human developments.
3. Understanding of the central role of reproductive health in population issues.

Being one of the leading on reproductive health issues in Pakistan WPF has designed and initiated many projects and Programmes for the betterment enabling environment on GBV-RH. We fell pride in sharing the details of the aforesaid Project with great pleasure of success. The project through sort lived for one year on only provide an opportunity us work in a very systematic and organized way with the gratuitous support from World Population Foundation (WPF) we, on behalf of my self and management of Al-Asar Development Organization. We my gratitude to WPF-Pakistan

Programme for extending financial, technical and moral support the throughout the project cycle. The leadership at WPF-Pakistan Programme Office deserve administration from Al-Asar, 10 Local CBOs Partners. Members of district level project steering committee (DLPSC). Civil Society Organizations and Local Community of D.G.Khan District. We hope that support and encouragement from WPF and other actors will remain there for further. We are thankful to all the members of District Level Project Steering Committee (DLPSC) for providing integrated fusion of cooperation and facilitation to achieve out comes of this project. We are particularly thankful to Mohammad Anwar, Program Manager (Institutional Strengthening WPF-Islamabad) for his continued support that he rendered in making this project a success. We acknowledged his pensive approach, caring attitude strong technical knowledge and vast facilitative management skills. We are also thankful to Mr. Qadeer Baig the country representative WPF-Pakistan for his sustained encouraging guidance, cooperation facilitation and trust on Al-Asar we appreciate the efforts made by Raisa Abbas and Faiz Rasool Khan Lakhozai the team members and Master Trainers of Al-Asar for their strenuous work which remained instrumental in propagating this successful achievement. The undersigned is hopeful that this continuous facilitation, cooperation, guidelines and joint ventures with WPF-Pakistan will be carried out on sustainable grounds in future.

**Syed Sajjad Hussain Naqvi**

President

Al-Asar Development Organization,

Dera Ghazi Khan

## **Executive Summary**

The GBV-RH relations in Pakistan are posited the unequal due to the prevalence of strong patriarchal structures which institutionalize the subordination of Women and their dependency on men for social support. This critical situation is a serious problem at grass root levels. The D.G.Khan Districts is the most remotest far-flung area of South Punjab which has its own historical position on GBV-RH. There is a great lack of knowledge of local communities on GBV-RH. The situation clearly represents emerges and become acute because deterred traditional norms, customs and narrow mind-set attitudes. The D.G.Khan district present fascinating development challenges. These areas had a resilient feudal systems, which is now in transition. Patronages links which bonded peasants to their Feudal Lords have weekend over the as decades, but they have a still an effective position at local decision making especially resolving disputes and marital issues. In D.G.Khan district there are often gender incentives and taking decision to prevent men folk and making Gender discrimination based decisions D.G.Khan District has a sensitive track record on issues related to GBV-RH. The local community have a very low level knowledge on the positive and negative impacts of GBV-RH because in social context the area is clearly divided into casts, brotheries and tribal identities. The Women and men have no equal rights regarding GBV-RH. The narrow minded peoples even Women also makes hurdles in the equal based rights attainment efforts for GBV-RH. Therefore this district was included in WPF-Pakistan GBV-RH Project. The boundaries of D.G.Khan touches all the 04 province of Pakistan. It is situated between the areas of Indus River and Suleman Hills. The GBV-RH Project of WPF-Pakistan is the first of its

kind to address these sensitive issues in D.G.Khan. We can clearly say that GBV-RH Project was a first successful attempt of civil society to finish the silence capture of D.G.Khan GBV-RH. In our opinion it was the first time that GBV-RH related issues were openly discussed in a series of mix gathering having no gender discrimination. The WPF-Pakistan along with his partner N.G.Os and C.B.Os have successfully achieved their goals to provide information, education, communication, awareness, mobilization and motivation to the local community of D.G.Khan on GBV-RH related issues. Due to the vigorous efforts of WPF-Pakistan and its partner N.G.Os and C.B.Os now the attention status of local community on GBV-RH has been totally changed and now a positive sustained change in the knowledge, attitude and practice about GBV-RH can easily be observed. The local influence persons such as elected representatives, religious, political, social leaders, media persons, social activist, civil society representatives, law practitioners, legislative policy makers and state administration have been involved in all types of GBV-RH Project activities. So we are sure that now the local environment has taken a positive change to safeguard the GBV-RH rights. It is the beginning of a new world without any discrimination on GBV-RH.

## **Detail Briefing WPF / Al-Asar GBV-RH Project**

1. First contact with WPF-Pakistan was made during the month of February, 2009 by Al-Asar Development Organization, D.G.Khan through submission of NGO Profile and showing interest in the GBV-RH Project of WPF-Pakistan.
2. In response to Al-Asar request the WPF-Pakistan accepted the request and deputed Mr. Muhammad Anwar, Program Manager (Institutional Strengthening) as his representative to carryout orientation visit of Al-Asar D.G.Khan to initiate the further requisite implementation process of GBV-RH Project. This activity was completed on 27 February 2009.
3. Later on the WPF-Pakistan finally approved to have Al-Asar as implementing partner by signing the memorandum of understanding on 07-03-2009.
4. After that WPF-Pakistan launch an activity for selection of Al-Asar as its implementing partner for GBV-RH project and organized a conduction of organizational capacity assessment (OCA) and situation analysis (SA). To complete this next important step for project implementation a 03 members team of WPF, visited Al-Asar D.G.Khan comprising Mr. Mohammad Anwar , Ms. Ashima Hussain and Sumaira Jajja. This WPF team completed its task successfully on 22 April, 2009.
5. Then the WPF-Pakistan organized a 05 days capacity building training workshop on 16 to 20 June 2009 at representatives of all its 06 partners NGOs. In which 05 members team of Al-Asar successfully participated.

6. The WPF-Pakistan organized 03 days training workshop of Trainers (TOT) for GBV-RH Project on July 30 – August 01, 2009 at WPF-Islamabad Office. From Al-Asar 03 members team successfully participated.
7. The WPF-Pakistan announce the call for proposal from its selected 06 partners N.G.Os of GBV-RH Project to carry out the further required activities in their concerned districts. Al-Asar submitted its project proposal in due course of time to WPF-Pakistan. This process was completed on August 17, 2009.
8. After completion of review and scrutiny process the WPF-Pakistan approved all the project proposals of its 06 partners N.G.Os including Al-Asar.
9. The WPF-Pakistan completed the process of signatures on memorandum of understanding (MOUs) by its all 06 partners N.G.Os for small Grants Projects of GBV-RH on 28 August, 2009.
10. The WPF-Pakistan released the advance cheques of small grant projects of GBV-RH to its all 06 partners N.G.Os on 14 September 2009 alongwith Al-Asar D.G.Khan.
11. Al-Asar finalized the process for nomination of 12 members of District Level Project steering committee (DLPSc) for GBV-RH Project on 18-08-2009.
12. Honourable Mr. Qadeer Baig the country representative of WPF-Pakistan alongwith Mr. Mohammad Anwar (Program Manager) visited D.G.Khan to attend an orientation and information sharing meeting with, members of DLPSC of GBV-RH on 22-08-2009.

13. Al-Asar conducted OCA process to select 10 local CBOs to become partners of GBV-RH project. The list was finalized on merit.
14. WPF-Pakistan provided trainers and participants manuals to Al-Asar Capacity Building Training Workshop of 30 trainees of 10 local CBOs on GBV-RH Project along with Banners IEC material, Project standee etc.
15. Al-Asar conducted on orientation meeting of DLPSC for consultation to organize 02 days training workshop for nominees of 10 local CBOs of GBV-RH. After the approval of DLPSC the Al-Asar prepared a final schedule of 02 days training workshop and community level advocacy seminars to organized by 10 local CBOs at grass root level. Al-Asar also prepared I.E.C Material for the trainees and CBOs sensitize them on GBVRH.



## **OBJECTIVES**

1. To increase attention to Gender Based Violence in Relation to Population and Re-Productive Health in D.G.Khan.
2. To bring sustained effective positive changes in the Knowledge, Attitude, Practices (KAP) of the local community and strive to create an enabling environment on GBV-RH in D.G.Khan.
3. To improve knowledge and skills of 10 local. Selected partner CBOs of D.G.Khan District in Development and Implementation of GBV-RH Project and all other related issues.
4. To ensure sustainability of programming on GBV-RH issues by its integration in strategy papers of selected 10 local CBOs and 01 implementing partner NGO.

## **Details of Activities made by Al-Asar**

- Preparation and submission on Project Proposal complete in all respect to WPF-Pakistan by Al-Asar.
- Finalization of District Level Project Steering Committee comprising upon 14 members having representation of civil society organizations human rights activists, media, Govt. Officials for monitoring, evaluation and implementation.
- Finalization of 10 local partners CBOs through the process of OCA as per guidelines of WPF-Pakistan and submitted the final list to WPF-Pakistan.
- Conducted orientation meeting of DLPSC members of GBV-RH Project.
- Organized 02 days capacity building / sensitizing training workshop for 30 representatives of selected 10 local CBOs as per guidelines issued by WPF-Pakistan.
- A schedule program of Awareness Raising Campaign to organize community level advocacy seminars on GBV-RH Project by 10 Local CBOs was finalized after consultation and approved of DLPSC and the same schedule was submitted to WPF-Pakistan.
- All the 10 local CBOs organized Awareness Raising Community Level Advocacy Seminars at grass root levels in their concerned areas on GBV-RH. All these 10 advocacy seminars were attended by a sound majority of local community. These were supervised and facilitated by Al-Asar and the members of DLPSC.

- A district level Advocacy Forum was organized by Al-Asar on 21-11-2009 at District Assembly Hall. In which MNA Mrs. Shenaz Saleem Malik was Chief Guest. This was attended by a huge gathering of all stakeholders and local community.
- During this District Level Advocacy Forum Al-Asar established an information and facilitation counter where all the IEC material related to GBV-RH was displayed and distributed amongst the participants. Details of achievements were also shared.

**Schedule Dates of Community Level Advocacy Seminars on  
GBV-RH Organized by 10 Local Partners CBOs of  
WPF/Al-Asar Project in D.G.Khan District**

S.No.	Name of CBOs	Date	No of Participants
1	Citizen Development Organization	03-11-09	100
2	Ehsas Development Organization	06-11-09	69
3	Al-Amel Women Development Organization	07-11-09	53
4	Rural Development Organization	08-11-09	49
5	Youth Front Pakistan	09-11-09	65
6	Tahafuz Development Organization	10-11-09	58
7	Usar Development Organization	11-11-09	55
8	Al-Nisa Development Organization	11-11-09	75
9	Tulip Development Organization	11-11-09	60
10	Auj Development Council	14-11-09	76

**List of Organizing Team of Al-Asar to Carryout, all the  
Activities of GBV-RH Project of WPF – Pakistan**

S.No.	Name	Responsibility
1	Syed Sajjad Hussain Naqvi	Overall incharge Principal Coordinator
2	Mr. Faiz Rasool Khan Lakhozai	Master Trainer and Facilitator for the Implementation of all Activities
3	Mr. Peer Bakhsh Balouch	Facilitation for all required Aden/logistic financial record Keeping and Documentation
4	Miss. Shazia Ghaffar	Assistant Admin/Finance Officer
5	Miss. Raisa Abbas	Master Trainer

**List of Members of District Level**  
**Project Steering Committee (DLPSC) of WPF/ Al-Asar**  
**Project on GBV-RH for D.G.Khan District.**

<b>S.No.</b>	<b>Name</b>	<b>Profession / Designation</b>
1	Mr. Farooq Ahmed	Executive District Officer (Community Development)
2	Mr. Huma Mehdi Khan Leghari	District Population Welfare Officer
3	Mr. Farhat Ullah Khan Dasti	Gender Specialist, GRAP Program of Social Welfare Department
4	Dr. Shafeeq-U-Rehman	Program Coordinator "FALAH" Program Health Department
5	Syed Ashiq Hussain Naqvi	Assistant Education Officer
6	Mr. Abdul Ghaffar Ahmdani	Vice President District Bar Association
7	Miss. Habiba Naz	Member District Public Safety Commission
8	Mrs. Nasreen Kazmi	Social Activist
9	Miss. Zahida Qureshi	Law Practitioner / Advocate
10	Syed Tanveer Husnain Naqvi	Programme Coordinator PAIMAN Project (JSI-USAID)
11	Mrs. Shahzia Younis	Educationist
12	Mr. Farooq Ahmed	Media Person

**Detail about Partners of WPF – Pakistan**  
**In its GBV – RH Project for D.G.Khan**

<b>S.No.</b>	<b>Name of Organization</b>	<b>Status</b>
1	Al-Asar Development Organization	Implementing Partners
2	Citizen Development Organization	Partners CBO
3	Youth Front Pakistan	Partners CBO
4	Ehsas Development Organization	Partners CBO
5	Tahafuz Development Organization	Partners CBO
6	Auj Development Council	Partners CBO
7	Tulip Development Organization	Partners CBO
8	Rural Development Organization	Partners CBO
9	Al-Amel Women Development Organization	Partners CBO
10	Al-Nisa Development Organization	Partners CBO

## Activity Report

- Title : District Level Advocacy Forum on GBV-RH
- Topics : To Sensitize the Impotency of Gender Based Violence  
& Reproductive Health and Sharing of Project  
Achievements.
- Date : 21 November, 2009
- Venue : District Assembly Hall, D.G.Khan
- Organizer : Al-Asar Development Organization
- Sponsored by: World Population Foundation (WPF-Pakistan)
- Chief Guest: Mrs. Shehnaz Saleem Malik (MNA)
- Guest of Honour: Mr. Farooq Ahmed  
(Executive District Officer Community Development)
- Speakers :
- Miss Iram Bukhari (Health Education Officer)
  - Hafiz Khalid Rauf  
(Ex-Tehsil Naib Nazim & Ex- Ameer Jamat Islami)
  - Miss Sumaira Ansari  
(Member Distt. Assembly & Members District Public Safety Commission)
  - Dr. Ghulam Shabir Qasim (Educationist)
  - Muhammad Anwar (Program Manager WPF-Pakistan)
- Facilitator : Syed Sajjad Hussain Naqvi (President Al-Asar)
- Co-Facilitator: Faiz Rasool Khan Lakhozai
- Detail of Participants: Representatives of Civil Society, Media Persons Partners  
CBOs, Representatives, Elected Councilors
- No. of Participants: Above then 250 (60% Men 40% Women)



## **Detail of Activity**

- Schedule of Program including data, venue and menu was finalized.
- Pena flax banners for stage was prepared.
- List of Guests, Speakers and their confirmation was finalized.
- Invitation cards were prepared and distributed.
- Sitting and other logistic arrangement were made.
- Media coverage publicity of event was made accordingly.
- Facilitation counter was established where IEC material was displayed for distribution among participants.
- Registration counter was also established.
- IEC folders were prepared for presenting to Chief Guest and other Guests of honour.
- A management committee was made to carry out reception registration and logistic responsibilities.
- All the participants including guests of honour and chief Guest were warmly welcomed by management committee on their arrival and entrance at venue of hall.
- Mr. Faiz Rasool Khan Lakhozai performs the duties of stage secretary.
- The proceeding was started by recitation of Holy Quran.
- Syed Sajjad Hussain Naqvi presented the welcome address.

## **Main Points from Speeches of Speakers**

### **Syed Sajjad Hussain Naqvi (President Al-Asar):**

He welcome all the guests and participants on behalf of Al-Asar and WPF-Pakistan. He presented a complete and comprehensive introduction and briefing about GBV-RH Project activities being carried out in D.G.Khan District. He appreciated the Facilitation, Cooperation and Guidance of World Population Foundation. Members of Distt. Level Project Steering Committees Members and 10 Local CBO to make this project a successful event.

### **Miss Sumaira Ansari(Members Distt: Assembly):**

In her speech she presented the details of achievements of GBV-RH Project. She also presented a compressive analysis of results and impacts of community level activation of GBV-RH through conduction of Awareness Raising Seminars by 10 Local partners CBOs at gross root level. She provided all basic information's about the issue based sensitization campaign of GBV-RH Project. She also pretend a review of 02 days capacity building workshop of 10 local partner CBOs organized by Al-Asar.

### **Miss: Iram Bukhari(Health Education Officer):**

In her speech she described the basic root courses of GBV-RH by providing data based information at District Level. She was of the mark that the percentage of Teenage marriage of Women is an alarming situation which becomes the major source of deaths in pregnancy. She highlighted the impotency of safe and clean delivery and balance diet for a good safe life's

of girls. She demanded that to enhance the positive impacts of reproductive Health a sustained Awareness, Informative Campaign may be launched at grass root level. She said that it will be more effective to educate the Local Common girls and Women on GBV-RH related issues.

**Hafiz Khalid Rauf (Ex. Tehsil Naib Nazim):**

The learned speaker having a strong enactment with Jamar Islami. He presented a detail Islamic thoughts ideologies and views about ill treatment, torture and honour killing. He highlighted the issues, root causes, factors consequences and impacts of ill treatment, tortures and honour killing. He delivered the key messages about respect and honour of women rights written in Holy Quran and directions of Holy Prophet Mohammad (PBUH). He desired the equal rights of Women in Islamic State. He presented possible solutions to eliminate all the discrimination attitude about GBV-prevention.

**Dr. Ghulam Shabir Qasim (Educationist):**

In his speech he presented the details of information education, communication to bring positive changes in the knowledge, attitude and practice of Local Community on GBV-RH related issues. He delivered that to prevent the Women from GBV it is necessary that they should be educated.

**Mr. Farooq Ahmed (EDO-CD):**

The learned speaker stated the impotency of Social Mobilization, Motivation at grass root level on GBV-RH related issues. He said that there

is a great need of community level activism by adopting an participatory approached based advocacy and mobilization strategy on GBV-RH by using the tools of information, education and communication. He said that the local social workers, social activists can play a effective role for prevention from GBV. He appreciated the key active role of Al-Asar as a major stake holder for human rights development and community sensitization.

**Mrs: Shehnaz Saleem Malik (MNA):**

The honorable Chief Guest being in the capacity of a prominent politician and member of parliament appreciated the efforts of Al-Asar for community empowerment. She said that Govt. of Pakistan is taking some serious steps to safeguard the legal rights of women. She briefed about the details of legislative activities of National Assembly. She briefed the audience about the Govt. attention towards prevention and reproduction on of GBV. She also highlighted the key section of all bills. Acts being passed by National Assembly on Women empowerment. She described the impotency of positive impacts of reproductive health on the valuable lives of women, men and child. She presented a strong view of condemnation against all forms and kinds of gender discrimination.

**Muhammad Anwar (Programme Manager – WPF):**

Being the representative of WPF – Pakistan the honourable Guest Speaker welcome all the participants and guests on behalf of WPF – Pakistan. He presented the key briefing about GBV-RH Project. He provided all related information about the objectives of GBV-RH Project He highlighted the on going programs of WPF – Pakistan. He appreciated the work done by

Al-Asar an best implementing partner of WPF – Pakistan in its GBV–RH Project. He also reviewed and re-endorsed the key messages of GBV-RH Project. He thanks all 10 local CBOs for their active cooperation and participation. He also said about the future participation. He also said about the future planning methodology. He presented a vote of thanks with gratitude words for all participants by making this seminar as a successful social events

## **Results**

- The participants were able to understand the issues and contextualized on GBV-RH in local situation.
- The audience were able to have a broader understanding of the issues related to GBV-RH with possible solutions and preventions.
- The local community was sensitized, aware informed, educated, motivated, communicated and mobilized on the positive impacts of reproductive health.
- Successful efforts were made to create a sustained positive change in the knowledge attitude and practice about GBV-RH.
- A fruitful joint effort achieved its goal to create a friendly environment of prevent and reduce Gender Based Violence.

## **Recommendations**

A long term Advocacy, Awareness, Educative Research, Informative, Communicative, Motivate and Capacity Build Campaign based program be implemented at grass root level in the lights of participatory based approach involving all stake holders in D.G.Khan.